

Improving Behaviour in the Early Years

AGES
0-6

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9.30am – 3.30pm

It is sometimes difficult for staff to give advice to parents regarding the difficult behaviour of young children. This course examines new research into anger and stress management; food, nutrition and additives; parenting styles; TV and DVD watching; low self-esteem and their effect on behaviour.

It provides a background of information for both staff and parents. A full handout of information is given for future reference and staff training.

Aims

- To provide an overview of new research into children's difficult behaviour in the early years;
- To explore practical solutions for dealing with behaviour, styles of behaviour management and assertive body language. Behavioural change techniques, such as conflict resolution, will also be considered.

The course is also highly practical. The attitude of staff to behaviour management is discussed, as well as the repercussion of these

attitudes to the overall ethos of an establishment. Assertive body language and voice projection are practiced (this is actually fun!).

The course looks closely at techniques for improving behaviour :

- The vision for Scotland's babies, toddlers and young children;
- An informal chat approach;
- 1,2,3 Magic;
- Conflict Resolution/ Restorative Justice.

